

*The Newborn Baby Bug Out
Baggy*

Baby Arrival Gear Checklist

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Feeding, Speech, & Language Therapy

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Mother's Gear

- Warm Socks
- Insurance Card / ID Card
- Nursing Nightgown / Shirts
- Lip balm
- Lotion
- Hair Brush
- Mineral Oil (hospital grade)
- Bathrobe
- Nursing Bras
- Postpartum Belly Band or Wrap
- Shampoo / Conditioner
- Flashlight
- Breast Pump
- Breast Pump Accessories
- Tea
- Trail mix
- Chocolate
- Electrolyte Beverage
- Phone
- Phone charger
- Change of Clothes
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Baby's Gear

- Feeding Syringes (bird beak)
- Newborn Formula (newborn nipple)
- Newborn Pacifiers
- Velcro swaddle
- Onesies / outfits
- Petroleum Jelly
- Noisemaker
- Newborn Car Seat / Base
- Car seat head donut
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Father's Gear

- Travel pillow / blanket
- Red LED Flashlight (fresh batteries)
- Change of clothes
- Beef jerky
- Water
- Energy drink / Coffee
- Book
- laptop
- Phone charger
- Phone
- Clipboard
- Toothbrushes
- Floss
- Clipboard / Pens
- Gift for Mother
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